

OUTTRAY

SCOUTING'S OFFICIAL MONTHLY NEWSLETTER FOR THE
CAPE EASTERN AREA

Volume 13
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March 2002

BP DINNER

At this year's BP Dinner on 23rd February numbers may have been lower than in previous years, but those who did attend enjoyed an excellent meal and good company. Scouters from Transkei and Ciskei travelled a great distance to be at the dinner. Unfortunately, many more from the Kokstad area were faced with a last minute transport problem, preventing them from attending. Thank you so much to Leslie Pike and the 1st Cotswold parent team who did the catering. The tables were beautifully laid and the meal, from the cocktail kebab starters, through the roast, to the delicious desserts, was superb. As it was such a very hot day, your working all afternoon in a hot kitchen was truly appreciated.

At the BP Dinner numerous awards were presented by AC Ernie Pike, assisted by ALT Jeff Ferreira. Some of the recipients were:



COLIN STRETTON (50 years), PATIENCE VILI, MATTHEW REVE and SKUTA MNDAI (all Medal of Merit), ERNIE PIKE, LETITIA TSHETU (Medal of Merit) and WILLIAM SITAMA (30 years)



Long Service Medals for 20 years service awarded to MATTHEW REVE, PATIENCE VILI, SKUTA MNDAI, LETITIA TSHETU

AWARDS PRESENTED AT THE BP DINNER

Recognition Certificates

Lisbet Demeyer
Heather McEwan

5 years Service

Richard von Well
Belinda Higgs

10 years Service

Lisbet Demeyer
Kathy Douglas

Long Service Medal – 20 years

Patience Vili
Vuyani Gibson
Matthew Reve
Skuta Mndai
Letitia Tshetu
Eugenia Njwambe
Claribel Xhaso
Veronica Nkolisa
Nontlahla Msewu

30 year Bar to Long Service Medal

William Sitama

50 year Bar to Long Service Medal

Colin Stretton

The Medal of Merit

Patience Vili
Matthew Reve
Letitia Tshetu
Skuta Mndai
Nontlahla Msewu
Veronica Nkolisa
Claribel Xhaso
Eugenia Njwambe



LISBET DEMEYER (10 years), RICHARD VON WELL and BELINDA HIGGS (5 years), ERNIE PIKE, KATHY DOUGLAS (10 years)



Recognition Certificates for HEATHER MCEWAN, Editor of Outtray and LISBET DEMEYER, Editor Algoa Anchor News - HV March Gold Award.



AAC VERONICA DAVIES PRESENTS THE CUB SHIELD TO ST CROIX REPRESENTATIVE CANDICE OOSTHUIZEN



AAC MARTIN DE BRUYN PRESENTS THE SCOUT SHIELD TO 1ST NEWTON PARK REPRESENTATIVE BRETT MITCHELL

CUB AND SCOUT WATERSPORTS

On the wonderfully balmy summer's evening of Friday 22nd February, Cubs, Brownies, Scouts, Guides and Ranger Guides from the Port Elizabeth / Uitenhage area gathered at the Uitenhage Pool for "Watersport 2002". What a good choice of dates - B.P's birthday! The evening started with a service led by Algoa girl and boy Scouts.

All thanks to the Rovers who organized the event, mainly Jeff Ferreira and Kathy Douglas, and to CP AAC Veronica Davies and SP AAC "Scotty" Martin de Bruyn (never short of entertaining words) who presented the awards. The musical interludes booming over the speakers added to the spirit of the evening. On the food side Akela Hilda de Vroom did a magnificent job organizing a tuck shop in aid of POW WOW funds and 1st Uitenhage (SOE) secretary Cathy Ingram did sterling service, assisted by Karen, Anva, Jacques and Michelle. Committee members Pat Clohessy, Kevin Gillmer and Dave Man Lee kept the braai fires going.

This year saw the venturer relay re-introduced (scouts love this one), and the scout raft race also provided much entertainment. Another new event was the underwater glide. The cubs did well, but no one expected a scout to glide the full 100 meters underwater. Brett Mitchell of 1st Newton Park did just that, leaving everyone breathless!

Algoa boy cubs won the 4x1 width freestyle while St Croix cubs were the overall champs. 1st Newton Park scouts were overall scout winners. Well done to all.

CONGRATULATIONS

Jeff Ferreira has been appointed to the position of Adult Leader Trainer.

Algoa Sea Scouts' monthly newsletter, Algoa Anchor News, Editor **Lisbet Demeyer**, has been awarded a Gold Certificate in the HV Marsh Journalism Awards for Group magazines. Last year it was Silver, this time Gold!

OUTTRAY ON THE INTERNET

You can now download a copy of the Outtray, in colour, over the Internet. Current and past issues are now available at:

<http://come.to/mlitho>

You will need a copy of Adobe Acrobat Reader - this can be downloaded over the Internet as well, just follow the links.

FORTHCOMING EVENTS

21 March	PE See-O-Nee
24 March	PE Cub Soccer Challenge (hosted by 1st Newton Park)
24 March	PE Scout Touch Rugby (hosted by 1st Newton Park)
09 April	PE District Scouters' Council
21 April	St George's Day Service
18-21 April	POW WOW, Cape Eastern
16 May	PE See-O-Nee
18 May	Area Scouters' Council
19 May	Area Training Team Meeting
24-25 May	Algoa Sea Scouts 100 km Hike
10-21 December	Cedarberg Scout Adventure
28 Dec-08 Jan 2003	20th World Jamboree, Thailand

Contributions can be:

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SCOUT TOUCH RUGBY TOURNAMENT 2002

DATE: SUNDAY 24 MARCH
 TIME: 11H30 KICK-OFF
 VENUE: VICTORIA PARK HIGH SCHOOL
 (entrance in 3rd Avenue, Walmer)
 ENTRY FEE: R5 PER PLAYER

- ☞ Entries with fee please. Contact Mike Ovens (3735878)
- ☞ 7 players per team; each team to bring their own ball.
- ☞ Tuck shop available.
- ☞ No parking on the playing fields.
- ☞ No arguing with the referees.
- ☞ No dogs.



BLAINE CAMONS CUB CHAMPION

CUB SOCCER CHALLENGE 2002

DATE: SUNDAY 24 MARCH
 TIME: 11H30 KICK-OFF (PROMPT)
 VENUE: VICTORIA PARK HIGH SCHOOL
 (entrance in 3rd Avenue, Walmer)
 ENTRY FEE: R25 PER TEAM

- ☞ Entries – please phone Jan Hopkins (3791955)
- ☞ 5-a-side; no boots, only bare feet or takkie type shoes.
- ☞ Each team to provide 2 reserves, a whistle, a soccer ball and a referee over 18 years.
- ☞ Tuck shop available.
- ☞ No parking on the playing fields
- ☞ No arguing with the referees
- ☞ No dogs



CRAIG INGRAM U/9 FREESTYLE AND BACKSTROKE

1ST UITENHAGE (SOE) GALA

Following a long time tradition, 1st Uitenhage (SOE) hosted a gala for Uitenhage Cubs, Brownies, Scouts, Guides and Ranger Guides on 1st March at the Muir College pool.

Blaine Camons (9 years) did very well to win the Cub Open Championship, as well as scooping the u/10 freestyle and u/11 breaststroke trophies. Craig Ingram secured the u/9 freestyle and backstroke trophies while Jason Thomas proved himself in the u/11 backstroke and Riyaadh Man Lee took the u/11 freestyle. The Cubs vs Brownies event provided much vocal support! The girls were given a start that was somehow "fluffed" and Blaine, the last swimmer for the Cubs, firmly refused to dive into the pool until the last Brownie had started her length. She proved to be a very strong swimmer and Blaine had to swim for all his worth! Nail biting stuff, but the Cubs won. Well done to these young men who entered into the spirit of things.



CUBS VS BROWNIES - JASON THOMAS, RIYAADH MAN LEE, STUART GILLMER, BLAINE CAMONS



JASON THOMAS U/11 BACKSTROKE



RIYAADH MAN LEE U/11 FREESTYLE

USE FIRST AID TECHNIQUES IN YOUR TROOP PROGRAMMES!

Here are a few First Aid requirements that can be taught at Troop night - then used in inter patrol competitions and activities to reinforce the remembering thereof. The Patrols fall in, one behind the other. At the Go! signal the first two scouts complete the given course with the "Walking Assist", the next two complete the "One Man Carry". Three fellows then do the "Two-man Carry" for conscious patient, then the "Two-man Carry" for unconscious patient. The first Patrol to complete the whole series successfully, is declared the



Walking assist



One-man carry

ONE-MAN CARRY

IF PATIENT IS TOO WEAK TO WALK, CARRY HIM PIGGY-BACK...BEND YOUR KNEES SO PATIENT IS WELL UP ON YOUR BACK WITH HIS ARMS HANGING OVER YOUR SHOULDERS--GET YOUR ARMS UNDER HIS KNEES--LIFT--CROSS HIS ARMS IN FRONT OF YOU AND GRAB HIS WRISTS.

TWO-MAN CARRY

FOR A CONSCIOUS PATIENT...EACH CARRIER GRASPS HIS OWN RIGHT WRIST WITH HIS LEFT HAND. BOTH THEN GRASP EACH OTHER'S LEFT WRIST.



Four-hand-seat carry

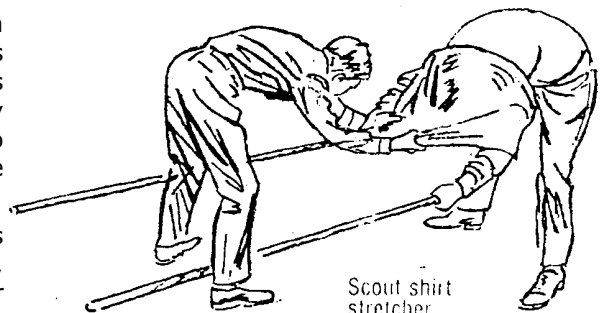


Four-hand seat

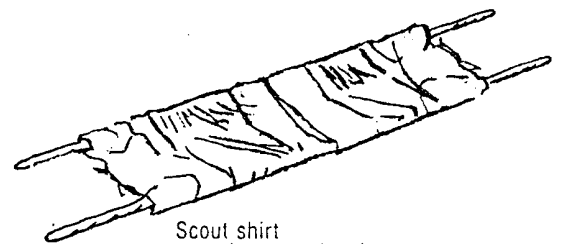
winner. Now do it again with different Scouts doing the various activities so everybody has had a chance to practice all the requirements.

Transporting casualties is a big part of First Aid, especially if you are far out on a hike or camp, so try the stretchers as illustrated.

The "Firemans Drag" is also useful to get someone out of a



Scout shirt stretcher

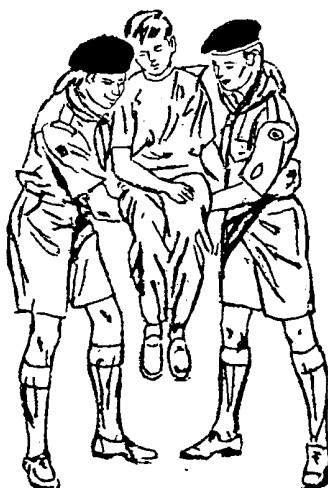


Scout shirt stretcher completed

Two or three shirts are needed.

smoke filled room, as it keeps the rescuer and rescued low down and out of the thick smoke higher up. Use a Scout scarf to tie the hands together.

Have fun



Two-man carry

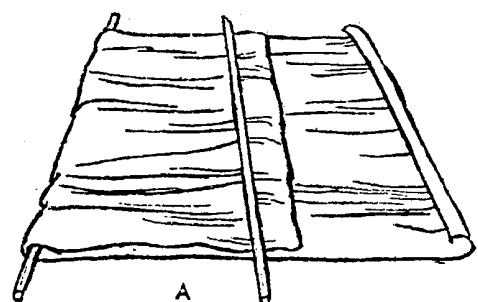


TWO-MAN CARRY

FOR AN UNCONSCIOUS PATIENT...CARRIERS KNEEL AT OPPOSITE SIDES OF PATIENT. EACH BRINGS ONE ARM UNDER PATIENT'S BACK, THE OTHER UNDER HIS THIGHS. THEN, GRASPING EACH OTHER'S SHOULDERS WITH ONE HAND AND EACH OTHER'S WRISTS, WITH THE HAND UNDER VICTIM'S THIGH'S RISE AND LIFT PATIENT.

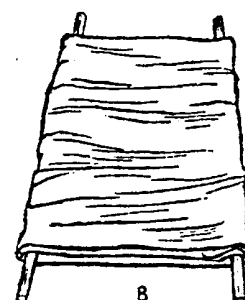


"FIREMAN'S DRAG"



A

Blankets



B